

Council Communication

Office of the City Manager

Date: October 10, 2016

Agenda Item No. 36

Roll Call No. 16-1728 Communication No. 16-579

Submitted by: Benjamin R. Page, Park

and Recreation Director

AGENDA HEADING:

Approving donation, construction, and maintenance agreement between the City of Des Moines and the Central Iowa Trail Association (CITA) for a new flow style mountain bicycle trail (Flow Track) in Ewing Park.

SYNOPSIS:

Recommend approval and support of the proposed agreement with CITA to fund, construct, and maintain a new Flow Track in Ewing Park.

FISCAL IMPACT:

Amount: \$27,500 (Donation)

<u>Funding Source</u>: CITA is responsible for all costs associated with the construction and maintenance of the Flow Track. No City funds will be used.

ADDITIONAL INFORMATION:

- CITA is a 501(c) (3) non-profit organization and a local chapter of the International Mountain Biking Association (IMBA) that promotes multi-modal off-road trail use including mountain biking, running, and hiking. Over the past several years CITA has provided countless volunteer hours assisting the City with the maintenance of nature trails in Ashworth, Greenwood, and Ewing Parks.
- As the sport of mountain biking has evolved over the past decades, it has driven the development of a new style of trail with features and concepts that push the limits of the traditional 18 24 inches wide single-track dirt trail. An increasing number of public land agencies, ski areas and communities now embrace the importance of trails built specifically for mountain bikes—trails that flow.
- Flow trails take mountain bikers on a terrain-induced roller coaster experience, with little pedaling and braking necessary. This style of trail typically contains features like banked turns, rolling terrain, and consistent and predictable surfaces. As a rider carves back and forth, and up and down, he or she develops a rhythm and flows down the trail.
- Flow trails are what you make them: leisurely rides with your kids where beginners can roll over dirt features and bypass technical ones, or an exploration of skills for talented riders.

• CITA has approached the Park and Recreation Department with a proposal to build a flow track in Ewing Park. If approved, the new flow track would go in the area of Ewing Park that is bounded on the north by McKinley Avenue, on the south by the Soapbox Derby track, on the east by the Ashley Okland Star Playground, and on the west by the BMX track.



• Both the Soapbox Derby group and the BMX Track group have reviewed the CITA proposal and support this project. Both the Park and Recreation Department and the Municipal Arborist support this project as well and look forward to having this additional amenity in Ewing Park.

PREVIOUS COUNCIL ACTION(S): NONE

BOARD/COMMISSION ACTION(S): NONE

ANTICIPATED ACTIONS AND FUTURE COMMITMENTS:

Normal Council actions for implementation and acceptance of the project.

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