


COUNCIL COMMUNICATION

	Number:	19-169	Meeting:	April 22, 2019
	Agenda Item:	34	Roll Call:	19-0650
	Submitted by:	Benjamin R. Page, Park and Recreation Director		

AGENDA HEADING:

Approving donation, construction, and maintenance agreement between the City of Des Moines and the Central Iowa Trail Association (CITA) for a new Advanced Loop (Mountain Bike Trail) in Ewing Park.

SYNOPSIS:

Recommend approval and support of the proposed agreement with CITA to fund, construct, and maintain a new Advanced Loop in Ewing Park.

FISCAL IMPACT:

Amount: \$15,000 (donation)

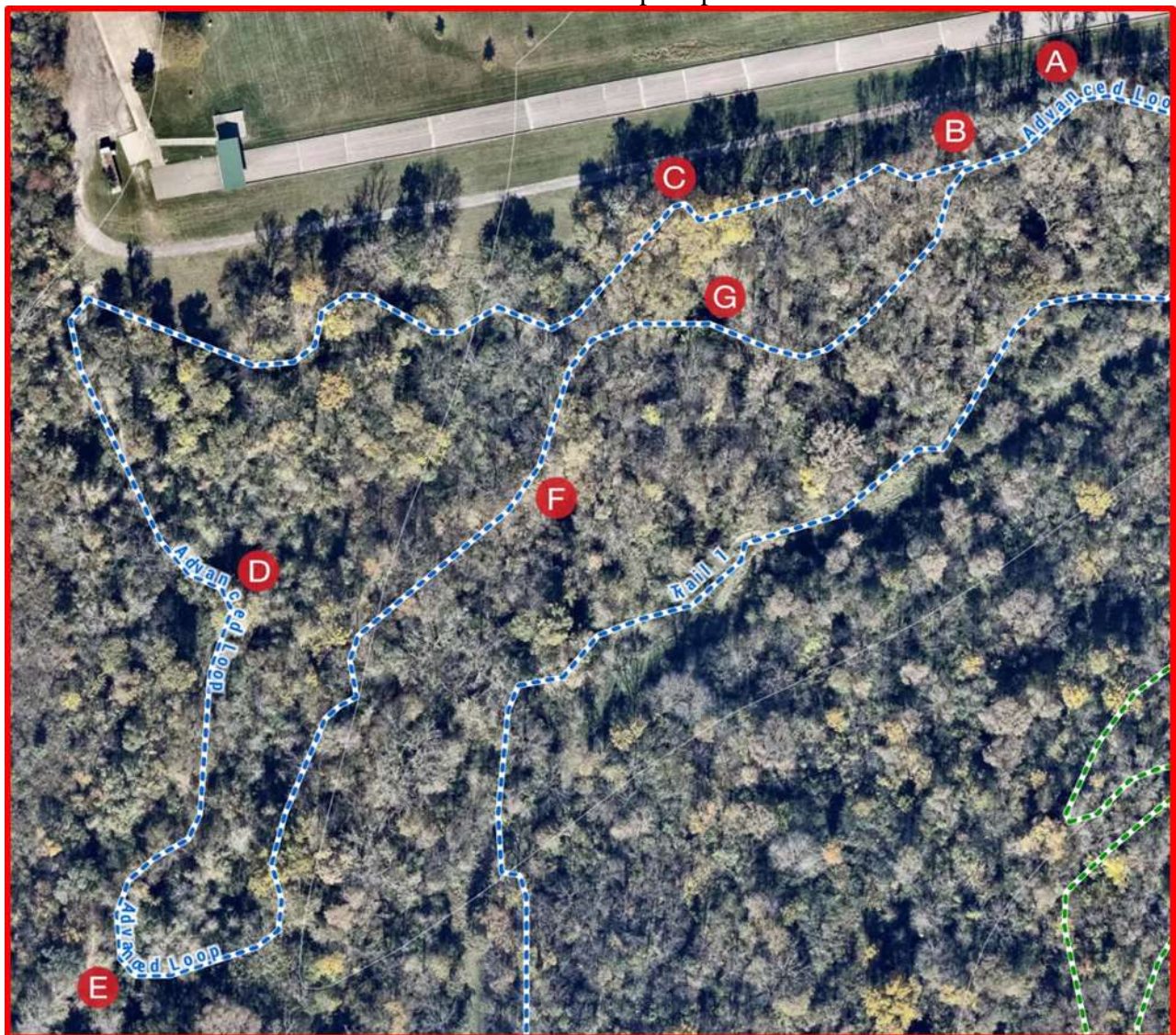
Funding Source: CITA is responsible for all costs associated with the construction and maintenance of the Advanced Loop. No City funds will be used.

ADDITIONAL INFORMATION:

- CITA is a 501 (c) (3) non-profit organization and a local chapter of the International Mountain Biking Association (IMBA) that promotes off-road trail use including mountain biking, running, and hiking. Over the past several years, CITA has provided countless volunteer hours assisting the City with the maintenance of nature trails in Ashworth, Greenwood, Grandview, and Ewing Parks.
- As the sport of mountain biking has evolved over the past decades, it has driven the development of a new style of trail with features and concepts that push the limits of traditional 18-inch to 24-inch wide single-track dirt trail. An increasing number of public land agencies, ski areas and communities now embrace the importance of trails built specifically for mountain bikes trails that are more advanced.
- Advanced Trails take mountain bikers on a terrain-induced roller coaster experience, with little pedaling and braking necessary. This style of trail typically contains features like banked turns, rolling terrain, and inconsistent and unpredictable surfaces.

- CITA has approached the Parks and Recreation Department with a proposal to build an advanced loop in Ewing Park. If approved, the new advanced loop would upgrade an existing portion of the mountain bike trail in Ewing Park that is directly south of the Soapbox Derby track.
- All of the proposed elements, if designed, constructed, signed, insured and maintained properly, meet all of the City's risk management requirements for the project.
- When completed CITA will be responsible for the maintenance and upkeep of the trail and the advanced features in the trail.

Advanced Loop Map



Elevated bridge



Directional signage



“Skinny” a narrow balance beam



Wooden berm for high speed cornering



Flagstone rock corner



Double Roller with drop off



Smaller wooden berm for cornering



PREVIOUS COUNCIL ACTION(S):

Date: October 10, 2016

Roll Call Number: [16-1728](#)

Action: [Donation](#), Construction and Maintenance Agreement with Central Iowa Trail Association, Inc. regarding the Ewing Park Mountain Biking Flow Track. ([Council Communication No. 16-579](#)) Moved by Hensley to adopt. Motion Carried 7-0.

BOARD/COMMISSION ACTION(S): NONE

ANTICIPATED ACTIONS AND FUTURE COMMITMENTS:

Normal council actions for implementation and acceptance of the project.

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