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Agenda Item	
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Date March 9, 2015

Request to speak from Nan Stillians, 1604 24th Place, to speak regarding an article entitled "In Their Shoes" and the State of Iowa Boards and Commissions.

Sponsor: Mayor Cownie

Moved by	to

COUNCIL ACTION	YEAS	NAYS	PASS	ABSENT
COWNIE				
COLEMAN				
GATTO				
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Mayor

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City Clerk

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I, DIANE RAUH, City Clerk of said City hereby certify that at a meeting of the City Council of said City of Des Moines, held on the above date, among other proceedings the above was adopted.

IN WITNESS WHEREOF, I have hereunto set my

March 3, 2015

In Their Shoes

You may sense that bare empathy is not enough to inspire you to positive action today. Once you identify this deficiency, your first response may be to deprive yourself of some of the luxuries that make your everyday existence easier, more fulfilling, or more colorful. Your ability to cope with these losses will likely reassure you of your capabilities, while awakening your deepest sympathies for those who must bear iniquities that are due to circumstance. Whether you choose to take the bus to work or temporarily cut your budget today, you may find that you are newly conscious of the scope of your abundance and feel intensely driven to share your prosperity with others. $\Box\Box$

When we allow ourselves to experience a fraction of the suffering endured by those who are less fortunate than ourselves, we are inspired by our own reactions to give the time, energy, and resources we can spare. Many people do not feel compelled to share their abundance with others because they have never dealt with true pain, want, or injustice. Drawing just a small draught from the fount of suffering awakens our empathy. The tiny taste we imbibe opens our eyes to the shear scope of the challenges that others endure, and inspires us to do everything we can to ensure that many people can enjoy the same blessings we enjoy. Walking a mile in another's shoes today will spark your sympathies, motivating you to be a champion for those in need.

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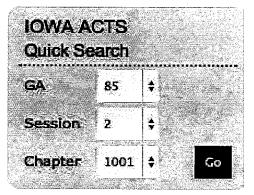
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